



Nerush Cup 2020

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ראשון לציון
אזמם במרכז

Municipal Sports Hall, Str. Tamar Even 7, Rishon Le Zion, Israel

We have the honor to invite you to the third International Championship of the City of Rishon Le-Zion in Judo & Sambo. The championship will take place at the Municipal Sports Hall Rishon LeZion, 7 Tamar Even Str. Rishon LeZion, Israel.

Technical Information

Date:

06/03/20 – SAMBO tournament
07/03/20 – JUDO tournament

Program:

Thursday 05.03.2020

General arrival

19:00-20:00: SAMBO weigh in at the Hotel

Friday 06.03.2020 - SAMBO tournament

07:30-08:30 Weigh in for local competitors (2003-2004, 2005-2006)

09:30 – SAMBO Competition (2003-2004, 2005-2006)

12:00-13:00 Weigh in for local competitors (2001-2002, 2007-2008)

13:30 – SAMBO Competition (2001-2002, 2007-2008)

Saturday 07.03.2020 - JUDO tournament

07:30-08:30 Weigh in for local competitors (2003-2004, 2005-2006)

09:30 – JUDO Competition (2003-2004, 2005-2006)

12:30-13:30 Weigh in for local competitors (2001-2002, 2007-2008)

14:30 – JUDO Competition (2001-2002, 2007-2008)

Sunday 08.03.2020

Excursion + Departure of Delegation

AGE: Boys and Girls

Youth U-18: (2001-2002)

Cadets U-16: (2003-2004)

Children U-14: (2005-2006)

Children U-12: (2007-2008)



Judo weight categories

Girls	2001-2002:	-40, -44, -48, -52, -57, -63, -70, -78, +78
Boys	2001-2002:	-50, -55, -60, -66, -73, -81, -90, -100, +100
Girls	2003-2004:	-36, -40, -44, -48, -52, -57, -63, -70, +70
Boys	2003-2004:	-42, -46, -50, -55, -60, -66, -73, -81, +81
Girls	2005-2006:	-32, -36, -40, -44, -48, -52, -57, -63, +63
Boys	2005-2006:	-38, -42, -46, -50, -55, -60, -66, -73, +73
Girls	2007-2008:	-24, -28, -32, -36, -40, -44, -48, -52, +52
Boys	2007-2008:	-30, -34, -38, -42, -46, -50, -55, -60, +60

Sambo weight categories

Girls	2001-2002:	-44, -48, -52, -56, -60, -64, -68, -72, -80, +80
Boys	2001-2002:	-48, -52, -57, -62, -68, -74, -82, -90, -100, +100
Girls	2003-2004:	-40, -44, -48, -52, -56, -60, -65, -70, -75, +75
Boys	2003-2004:	-48, -52, -56, -60, -65, -70, -75, -81, -87, +87
Girls	2005-2006:	-38, -41, -44, -48, -52, -56, -60, -65, -70, +70
Boys	2005-2006:	-42, -46, -50, -55, -60, -66, -72, -78, -84, +84
Girls	2007-2008:	-28, -32, -36, -40, -44, -48, -52, -57, -63, +63
Boys	2007-2008:	-30, -34, -38, -42, -46, -50, -55, -60, -66, +66

All competitors are required to have sport insurance in order to participate.

Prizes and medals will be awarded to all athletes who win in places 1-3.

Accommodations: Accommodations for athletes and Coaches will be in the official hotels listed below:

Armon Yam Hotel :

Triple Room: BB 135 Euro per night (3 rooms)
Double Room: BB 120 Euro per night (20 rooms)
Single Room: BB 90 Euro per night (5 rooms)

Elis Hote :

Triple Room: BB 115 Euro per night (5 rooms)
Double Room: BB 105 Euro per night (10 rooms)
Single Room: BB 85 Euro per night (4 rooms)

Spat Studio Apart Hotel :

4 people Room: 135 Euro per night
Triple Room: 120 Euro per night

Teams should book accommodation independently with the official hotels.

Transportation Fee: 15 Euro per person

The organizer will provide for the guest transportation:

From the airport to the hotel and back

From the hotel to the competition venue and back

Competition Fee: 15 Euro

per participant, whether he/she participates in both competitions (Judo and Sambo) or in one of them.

Contact Information

Organizing Committee - Otzma Judokan Rishon LeZion Club

Tel Number:



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Our website for more details and registration:

www.nerushcup.com

We look forward to seeing you in Rishon LeZion!

Last year's participants:

