



## COMPETITION FORMULA

Children/Cadet/Junior/Senior: Quarter-final Repechage

## DURATION OF CONTESTS

Children: 3 minutes with unlimited golden score

Cadets/Junior/Senior: 4 minutes with unlimited golden score

## REFEREEING RULES

**Prohibited Actions:** Diving head-first (head diving) into the mat when attempting techniques like Seoi-nage or Uchi-mata, this will result in Hansokumake for all categories

### Seniors:

latest IJF rules including Yuko definition

### Junior:

latest IJF rules including Yuko definition and junior special rules

### Cadets/Children:

latest IJF rules including Yuko definition

- An athlete who has lost consciousness due to shime waza is not allowed to continue the competition
- Reverse Seoi-nage/Korean: Shido
- Using the head to throw (as tori) or defend (as uke) against a throw: Shido

### Children only:

- **Armlocks (kansetsu waza)** Strictly prohibited.
- **Chokes (Shime waza):** Strictly prohibited.
- Double knee drop seoinage, and sacrifice technique are allowed for 13 years old and above Children groups

The referee will stop the action if any of the athletes try to apply these prohibited waza the first time and there will be no penalty.

If tori applies these waza a second time, he is given direct hansoku make and he is not allowed to continue the competition.



### 比賽賽制

兒童組/少年組/青年組/成年組：八強復活淘汰制方式進行

### 比賽時間

兒童組：3分鐘 + 不設時間限制黃金加時

少年組/青年組/成年組：4分鐘 + 不設時間限制黃金加時

### 比賽規例

**禁止動作：**「頭部先著地」(Head Diving) 為嚴格禁止動作，所有組別直接判 Hansokumake (嚴重犯規)，以確保安全。

#### 成年組：

最新 IJF 規則，包括 Yuko 定義

#### 青年組：

最新 IJF 規則，包括 Yuko 定義

#### 少年組/兒童組：

最新 IJF 規則，包括 Yuko 定義

- 因絞技 (shime waza) 失去意識的運動員，不得繼續比賽。
- 禁止逆背負投/韓式背負投：指導 (Shido)
- 用頭部攻擊 (作為 tori) 或防守 (作為 uke) (Using the head)：將判 Shido (指導)。

#### 兒童組特殊規則：

- 嚴格禁止關節技 (armlocks/kansetsu waza)
- 嚴格禁止絞技 (chokes/Shime waza)
- 13 歲及以上兒童組允許使用雙膝背負投及捨身技

裁判首次發現任何兒童組運動員嘗試使用這些禁止技時，將要求停止動作，口頭警告。若選手再次使用這些禁止技，將會直接判 Hansoku-make，不得繼續比賽。