



OLZA JUDO CUP

IT IS WITH GREAT PLEASURE THAT WE INVITE YOUNG JUDO TALENTS TO TAKE PART IN A UNIQUE SPORTING EVENT IN OUR CITY - OLZA JUDO CUP II. THIS IS AN EXCELLENT OPPORTUNITY TO SHOWCASE SKILLS AND COMPETE WITH TOP ATHLETES FROM POLAND AND ACROSS EUROPE.



ORGANIZER	KS Cieszyn
TOURNAMENT DIRECTOR	Arkadiusz Lipa +48 797 967 893
DATE	31 May 2026 (Sunday)
VENUE	Cieszyńscy Olimpijczycy Sports and Entertainment Hall Sportowa 1, 43-400 Cieszyn, Poland
TOURNAMENT DIRECTOR	The event is organized in accordance with the regulations of the Polish Judo Association for 2026
CATEGORIES	<p>U17 - born 2010/2011 Boys: -46, -50, -55, -60, -66, -73, -81, -90, +90 Girls: -40, -44, -48, -52, -57, -63, -70, +70</p> <p>U15 - born 2012/2013 Boys: -38, -42, -46, -50, -55, -60, -66, -73, -81, +81 Girls: -36, -40, -44, -48, -52, -57, -63, -70, +70</p> <p>U13 - born 2014/2015 Boys: -33, -35, -38, -42, -46, -50, -55, -60, -66, +66 Girls: -33, -36, -40, -44, -48, -52, -57, +57</p> <p>U11 - born 2016/2017 Boys: -24, -27, -30, -33, -36, -39, -42, -46, -50, +50 Girls: -24, -27, -30, -33, -36, -40, -44, -48, +48</p> <p>U9 - born 2018 and younger Weight categories are mixed for boys and girls and will be determined after weigh-in – 10 weight categories starting from the lightest athlete.</p>
REGISTRATION AND FEES	<p>25 € /100 PLN – Registration until 27 May (Wednesday) Registration link: https://admin.judomanager.com/login Payment by bank transfer or in cash on the day of the competition.</p> <p>30 € /120 PLN – Registration after 27 May</p>
BANK DETAILS	<p>KS CIESZYN ul. Popiołka 13/2, 43-400 Cieszyn BS w Cieszynie Account number: PL86 8113 0007 2001 0041 6175 0003 Please send payment confirmations to: judocieszyn1959@gmail.com</p>

<p>COMPETITION RULES</p>	<p>The tournament will be held on 4 or 5 tatami, each 6 × 6 m + 2 m safety area.</p> <p>More than 8 competitors in a category – French system with double repechage.</p> <p>Up to 8 competitors – roundrobin system.</p> <p>Effective contest time</p> <p>U9 – 2 minutes, extra time: 1 minute</p> <p>U11 – 2 minutes, extra time: 1 minute</p> <p>U13 – 3 minutes, extra time: 1 minute</p> <p>U15 – 3 minutes + unlimited Golden Score</p> <p>U17 – 4 minutes + unlimited Golden Score</p>
<p>SYSTEM</p>	<p>Computer PECS</p>
<p>APPLICABLE RULES</p>	<p>IJF contest rules apply with the following exceptions:</p> <p>U9 / U11 / U13 Arm locks and strangles are prohibited.</p> <p>At the first attempt, the referee stops the action.</p> <p>At subsequent attempts, the athlete receives a shido.</p> <p>If the referee determines that an arm lock or strangle was applied intentionally, they may, after consulting the Jury, award hansokumake (disqualification from that contest only). Techniques such as sankakugatame, katagatame, katasankakugatame (guillotine) are allowed only if they are not used as strangles. The referee may stop the action if unsure whether the technique is legal. U15 and U17</p> <p>According to the current rules of the Polish Judo Association.</p>
<p>COMPETITION SCHEDULE</p>	<p>8⁰⁰ - 9⁰⁰ Weighin U9 & U11</p> <p>9³⁰ Official Opening Ceremony</p> <p>9⁴⁵ Start of U9 & U11 competition</p> <p>11⁰⁰-11⁴⁵ Weighin U13</p> <p>12³⁰ Start of U13 competition</p> <p>14⁰⁰-15⁰⁰ Weighin U15 & U17</p> <p>15³⁰ Start of U15 & U17 competition</p> <p>Schedule may change during the event.</p>
<p>CONDITIONS OF PARTICIPATION</p>	<p>Each competitor must have valid accident insurance (NNW). The club entering the athlete is responsible for providing insurance.</p> <p>Competitors must have a valid medical examination or a written statement from a parent confirming the child's good health and participation at their own responsibility.</p> <p>Match rules</p> <p>2 competitors in a category – two victories are required to win 1st place.</p> <p>3 or more competitors – according to the sports regulations of the Polish Judo Association</p>

AWARDS	<p>Medals - for 1st to 3rd place Diplomas - for 1st to 3rd place Cups - for 1st to 5th place in the team ranking (medal classification) Children's Day gift for every participant!</p>
NOTES	<p>Competitors in U9 / U11 / U13 must have valid accident insurance (NNW). Clubs are responsible for ensuring insurance coverage. Competitors must have consent to participate in the event. Coaches are responsible for submitting the consent to the organizer. The organizer is not responsible for any incidents occurring during the event.</p> <p>Competitors in U15 and U17 must have valid medical/sports examinations.</p> <p>Only white or blue judogi are allowed.</p> <p>The competitor called second will additionally wear a red belt.</p> <p>Only judo clubs are eligible to participate.</p>

