



# EXPERT WORKSHOP AUSTRIA 2025 🇦🇹

Saturday and Sunday, February 1 and 2, 2025

## Erasmus+ Project JudoKataAlliance



### **Topic: The Benefits of Judo Kata for Overall Physical and Mental Development**

This event, organized by [Judoklub Tantanto](#) as part of the Erasmus+ project [JudoKataAlliance](#) highlights the importance of integrating judo kata into every club — for competitors, recreational judoka, complete beginners, and even those new to sports.

Workshop offers: 🧑🏫

- Expert lectures and group discussions
- Demonstrations of kata practice and its real-life impact
- Exchange of ideas with international participants and kata professionals
- A strong focus on learning through both theory and practice

📍 Location: Linz Olympic Center Upper Austria

📧 Registration: [vanessa\\_wenzl@gmx.at](mailto:vanessa_wenzl@gmx.at)

Don't miss this unique opportunity to dive deep into the world of judo through kata.



**Co-funded by  
the European Union**